



**Confidential Defense Map for
Pedro Martinez (Pete)**
from DefenseMap.com

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Total time: 4:49

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Questions should be submitted to Info@DefenseMap.com.

Adult case

- a. **Case Description:** A new case (no conviction, sentence, or dismissal yet).
- b. **Charges/Investigation:** Assault causing serious bodily harm.
- c. **Date of arrest:** May 30, 2022.
- d. **Case Type:** State case.
- e. **Court/Locale:** Lake County Superior Court; Lake County, Indiana, USA.
- f. **Case number:** 45-CF-5436-3416.
- g. **Defense attorney:** Lawrence Casey.
- h. **Prosecutor:** Kenneth Poston.
- i. **Judge:** Hon. Natalie Huggins.
- j. **Custody/Probation/Parole:** Not in custody/On probation (Well, technically I think it's called court parole, as I have no formal reporting requirements. But I pled guilty 3 months ago to public intoxication in exchange for dismissal of the public vandalism charge that went with it. I was seriously intoxicated in downtown Hammond, to the point of not remembering much of what happened. I have what I'd call a "blurred memory" of the events. I had gone drinking with friends, had gotten separated from them, and was arrested while (for no reason I can understand myself) breaking several storefront windows in the downtown. I have a suspended 3-month jail sentence, one year of court parole, and conditions to (a) avoid any other arrests, (b) pay restitution of \$1,600, and (c) get a written alcohol and drug screening and supply it to my court file. This is my only arrest since then, I've paid the \$1,600 through the clerks office as directed (I have the receipt), and I got an alcohol and drug screening and filed it as ordered.)/Not on parole.

Birth/Race/Gender

- k. **Age:** 30.
- l. **Race:** White; Hispanic/Latino.
- m. **Gender:** Male.

Contact information

Downloaded June 27, 2022

ADULT DEFENSE MAP FOR PEDRO MARTINEZ (PETE), p. 1/17

Flags

Important notes to client on use of this Defense Map and these 7 Flags.

- ✓ The following 7 Flags may help you and your attorney in deciding on the best steps to take. But, the entire report is important, so read it all carefully. Take notes for your next discussion with your attorney.
- ✓ You can log back on as often as you want to add more information.
- ✓ Clients can often help their cases by considering any personal changes they'd like to make in their lives. Even one positive change can help many cases.

1. **Client's sense of personal safety** ([Section 2, p. 6](#)): The client reports feeling "Mostly unsafe."
2. **Case descriptors from client**
 1. **How correct/fair the client considers the charges** ([Section 3, p. 6](#)): Completely correct and fair (2 out of 2).
3. **Past/other cases:**
 - **Past arrests and charges** ([Section 4, p. 7](#)): Prior record disclosed.
4. **Military service** ([Section 6, p. 7](#)): Military service recounted.
5. **Outlook and functioning:**
 1. **PTSD/Repeating bad memories or nightmares** ([Section 12, p. 10](#)): Potential PTSD issue disclosed.
 2. **Childhood years** ([Section 13, p. 10](#)): 10 childhood assets reported as either partly or completely missing, and 11 childhood challenges disclosed. The client's responses show an Adverse Childhood Experience (ACE) score of 2 out of 10.
 3. **Adult years** ([Section 15, p. 12](#)): 10 of 14 important life assets either missing or partially missing.
 4. **Addictive patterns** 2 possible issue(s) disclosed.
 - a. **Use of alcohol** ([Section 16, p. 13](#)): 21 significant responses, a serious indication (2 out of 2) of a possible alcohol issue.
 - b. **Use of drugs (other than alcohol)** ([Section 17, p. 13](#)): 1 significant responses, some indication (1 out of 2) of a possible drug issue.
 5. **Mood and functioning issues** ([Section 19, p. 14](#)): 9 possible issues disclosed.
 - a. **Thoughts of hurting myself**: 7 significant responses.
 - b. **Depression**: 10 significant responses.
 - c. **Thoughts of hurting others**: 5 significant responses.
 - d. **More anger than most people seem to have**: 7 significant responses.
 - e. **Being more worried and nervous than other people**.
 - f. **Trouble with attention or staying focused**.
 - g. **Hyperactivity/trouble being still or calm**.
 - h. **Problems with thoughts that seem to race or that I can't control**.
 - i. **Finding it hard to have close relationships**.
 6. **Counseling history** ([Section 20, p. 15](#)): Counseling history disclosed.
6. **The client reports a wish to make changes in these 6 areas of life** ([Section 22, p. 15](#)):
 1. **Relationships** (details on p. 15).
 2. **Work/work skills** (details on p. 15).
 3. **Alcohol or drug use** (details on p. 15).
 4. **Counseling** (details on p. 15).
 5. **Ways of handling problems** (details on p. 15).
 6. **Better use of a personal strength or skill** (details on p. 16).
7. **Character and mitigation evidence** ([Section 23, p. 16](#)).

Summary of Sections

Part A: Legal

1. What's most on client's mind ([p. 6](#)).
2. Client's safety/Emergency needs ([p. 6](#)).
3. Case details ([p. 6](#)).
4. Other criminal cases/arrests ([p. 7](#)).
5. Other important legal cases ([p. 7](#)).

Part B: Basic Profile

6. Military service ([p. 7](#)).
7. Physical health ([p. 9](#)).
8. Family and other important relationships ([p. 9](#)).
9. Education ([p. 9](#)).
10. Employment ([p. 9](#)).
11. Use of free time ([p. 10](#)).

Part C: Personal Challenges

12. PTSD/Repeating bad memories or nightmares ([p. 10](#)).
13. Childhood years ([p. 10](#)).
14. One or more controlling or hurtful partners ([p. 12](#)).
15. Adult years ([p. 12](#)).

Part D: Addictive Patterns

16. Use of alcohol ([p. 13](#)).
17. Use of drugs (other than alcohol) ([p. 13](#)).
18. Other abuse or addiction issues ([p. 13](#)).

Part E: Personal Functioning

19. Mood and functioning issues ([p. 14](#)).
20. Counseling history ([p. 15](#)).

Part F: Life Patterns and Character and Mitigation Evidence

21. Client today ([p. 15](#)).
22. Client's thoughts on the future ([p. 15](#)).
23. Character and mitigation evidence ([p. 16](#)).

Sections

Part A: Legal

1. What's most on client's mind ([Up to Flags Page](#))

I feel I'm starting to address issues in my life and I would really like the chance to succeed in this.

2. Client's safety/Emergency needs ([Up to Flags Page](#))

- a. **Client's sense of personal safety:** Mostly unsafe. I often want to end my life. And I sometimes find myself thinking of ways to.
- b. **Emergency needs?:** No.

3. Case details ([Up to Flags Page](#))

- a. **Details:** The short story about what happened here is that exactly two weeks ago, while probably intoxicated (over the legal limit) I got into an argument with another driver. It was a Saturday night about midnight. That probably would've been the end of it except that he started yelling racial slurs ("Fucking spic" and "You should be sent back to Mexico" are the ones I can remember). I recall becoming completely furious, and the next thing I knew, I was on this man's windshield, pounding on it and yelling at him and his passengers.

He stopped the car, got out (I think I was about to pull him out), and we went at it. He was considerably larger than me, but I'm in shape from (and trained by) the Army, and I guess I proceeded to harm him pretty badly. I think he lost some teeth, had a broken vertebra, got bruised up pretty bad, and was terrified. His passengers (I don't know who they were, but I think there were at least two adults females) were screaming. Someone (either one of the passengers or a bystander) must have called the police, as two squad cars showed up right away.

I was immediately arrested.

- b. **Co-defendants?:** No.
- c. **Contributing factors:** My intoxication, this man's idiocy (not that that excuses what I did), and memories I have of my military service that still haunt me. I have PTSD, and I also have a lot of anger that people who haven't done anything for the country don't have.
- d. **How correct/fair the client considers the charges:** Completely correct and fair (2 out of 2). I absolutely did this, and the man (while a complete pathetic jerk) didn't deserve it.
- e. **Initial comments on evidence and witnesses:** Yes. I think just what I've already said.
- f. **Interaction/statements with law enforcement:** I was somewhat intoxicated, but I think I remember what happened. They were decent and respectful to me and everybody. In the squad car and at the station they asked if I wanted to make a statement, and they seemed fine that I declined.
- g. **Client discussions with others about the events?:** Yes. My mother and brother. I told them what happened and just listened as they told me (as they have before) that they want me to get help for my PTSD, anger, and drinking.
- h. **Victims?:** Yes. The man was badly beaten up, and I assume he is requiring a lot of dental work, if not more. I also wonder if he will have PTSD over this.
- i. **Thoughts looking back at the events:** I definitely regret what I did. I know why I did what I did, and in looking back on this (and everything in the last 2 years) I agree with my mother and brother that I need to address my PTSD and drinking to become more responsible and peaceful.
- j. **Any other current charges?:** Yes. I think my year of court parole and suspended 3-month sentence may come up for revocation or review (or whatever the term is).

4. **Other criminal cases/arrests** ([Up to Flags Page](#))

- a. **Juvenile cases:** 0.
- b. **Other adult cases:** 1.
Details: Please see what I wrote before. I think I've covered everything.
- c. **Any other arrests?:** Yes. While in Afghanistan I was arrested by local police once for public intoxication and threatening behavior. I was turned over to Army MPs and put on an informal adjustment for 4 months. No other repercussions came for this.
- d. **Other live cases?:** No.
- e. **Most shocking/difficult aspects of any (and all) arrests and detentions:** Going in an instant from a person who worked hard for his good name to someone who's probably hated.

5. **Other important legal cases** ([Up to Flags Page](#))

- a. **Any other legal cases now?:** No.
- b. **Past legal cases?:** No.

Part B: Basic Profile

6. **Military service** ([Up to Flags Page](#))

Yes.

- a. **Service began:** July 2007.
- b. **Enlisted/volunteered?:** Yes. I wanted to serve my country and, along the way, become a more responsible person. I saw the terrorist bombings around the world as something only America was going to do something about. In high school I read articles and watched a lot of documentaries on terrorist cells from mainstream people (Christopher Hitchens, Tony Blair, Colin Powell, etc.) and felt called to act.
- c. **Branch/department:** Army.
- d. **Discharged?:** Yes.
 - **Date:** July 2017.
 - **Type:** Honorable.
 - **Adjustment to life after the military:** It has been mixed. Many people (like my mom, brother, and probably 10 close friends) were proud of my service. But others thought the American role in the Middle East after 9/11 was a mistake and talked as if people like me were the problem. Which hurts a lot. I've had a problem not becoming angry with those people.

I also saw how minorities (mostly blacks and Latinos) carried much more of the burdens of these military missions (we volunteer at much greater rates than wealthy people), and it's angered me when more privileged judged us.

I've been diagnosed with PTSD and haven't wanted to do the depressing work of addressing it. Except by drinking. I definitely feel differently now and want to get the help I think I've needed since my first deployment (I've had 6).

- e. **How well people (friends, family, and others) have treated client over service:** Only slightly well (1 out of 3) As I've said already, this is a mixed picture. People who understand how hard this has been on us have been great. But most people don't understand what happens to people who spend months and (cumulatively) years thinking they and their friends in uniform are about to be blown apart any minute. We lived every second of our lives (and I mean EVERY second) fearing IEDs. We dreamt it. We ate it. We breathed it. And, well, a lot of us have tried to drink it away.

As just one example of my problem with relating with some people, when people have heard that I was in armored maintenance, they often say things like, "Well, at least you didn't have to see combat." I come unglued. What they don't realize is that "armored maintenance" means you travel in the vehicles as they patrol and engage in combat. You're trained and armed to fight, and you must be available to, for example, fix or "re-enable" a damaged personnel vehicle while under fire. Many people would dismiss my service (and those who also did this work) as if I had been sitting back in an air-conditioned garage waiting for a car to be brought in for a lube job. One ex-friend even referred to me as "Gomer from Wally's Filling Station."

f. Special circumstances incident to service:

1. **Engaged in combat.** See what I wrote before. While my designation was "maintenance," I saw a lot of small arms engagement, IED detonations, etc. And many killed and injured people.
2. **Witnessed combat by others.**
3. **Witnessed someone being killed.**
4. **Witnessed someone dying.** One American soldier died in front of us. It was more horrible than anything I've ever seen on TV or in the movies. I think the medic knew the outcome and while trying to help kept asking the soldier, "Is there anything you want me to tell someone?" I'm sure the medic meant a wife, a parent, or a child, but the soldier didn't respond.
5. **Witnessed a dead body.**
6. **Witnessed serious injuries to someone else.** I'll take this occasion to mention one incident that stands out in my mind—both night and day. I have nightmares over it. I have "intrusive thoughts" about it while doing something completely unrelated. On one patrol, our vehicle was second in the convoy, and the lead vehicle hit an IED, blew up, and landed on its side. An allied Afghan soldier/translator we knew crawled out, but instead of doing what we're all trained to do (run back to the following vehicle), he ran sideways into the road, picked up something, and only then ran back to us. He was screaming in pain and when we looked, we saw he had retrieved his severed arm.

He bled out in a matter of minutes.

He was a committed and caring guy who loved America for what we were trying to do. I don't think any of us ever talked about what we saw, it was all just too terrible.

7. **Witnessed what seemed to you to be cruel or seriously hurtful behavior to someone.** Cruelty is part of everyday life where we served.
 8. **Suffered post-traumatic stress disorder (PTSD).**
 9. **Diagnosed with PTSD.**
 10. **Experienced cruel treatment.**
 11. **Experienced serious personal or family problems.** I just think a huge wall has existed between people who really care about me and myself. More from my side than theirs. They have wanted me to get help, and (at least until now) I've thought in my own mind it wouldn't work and it'd be too hard.
 12. **Troubles returning to civilian life and relating to some people.**
- g. Description of service:** I went to boot camp in Fort Knox, Kentucky. Upon completion of boot camp I went to my Advanced Individual Training in Baltimore, Maryland at the Aberdeen Proving Grounds and learned my mechanical training.

I was sent to Wiesbaden Germany HHSC 302MI Battalion and then deployed to Camp Doha and Camp Liberty, both in Kuwait. I was eventually assigned to Camp Victory in Iraq near Baghdad International Airport. My unit was a military intelligence unit, and I worked on their vehicles. Every time a convoy left the base, it took a mechanic with it. Several times, even when my duties were to recover IED-disabled vehicles, I had to see body parts and dead bodies underneath or near the vehicles.

On at least 6 occasions we got into firefights as we did this recovery work.

I saw two friends killed and one crippled for life. I'm not able to review these things as yet, but I hope with help I can. I've had one appointment just this week at the VA, and I think I'm a little more hopeful.

Anyway, I came home to drinking a quart of vodka daily to try to cope.

I hope the military is now doing a better job of educating and evaluating soldiers on the way home. So many of us are a mess, and all they do is ship us home. I'm finding out there is help available, but that means nothing if we don't know that it is or what is wrong with us or what to do about it.

- h. Best part of service experience:** I fulfilled my wish of serving my country at a time of real need.
- i. Worst/most difficult part of service experience:** Everything I've written about here. Plus more maybe I'll be able to talk about later.
- j. Connection between military service and this case?:** Yes. PTSD to anger and drinking to both these charges. Not to make excuses, but I see this as a direct line. I had no alcohol problem, anger issues, or scrapes with the law until these tours of duty.
- k. Other important information about military service?:** No.

7. **Physical health** ([Up to Flags Page](#))

- a. **Overall health:** Good (2 out of 2).
- b. **History of head injury?:** No.
- c. **History of losing consciousness?:** No.
- d. **Diagnosed with brain injury or disease?:** No.
- e. **Other serious physical problems or disabilities?:** No.
- f. **Major surgeries?:** No.
- g. **Currently on medications?:** No.
- h. **Medical condition making incarceration dangerous?:** No.
- i. **Other important medical information?:** No.

8. **Family and other important relationships** ([Up to Flags Page](#))

- a. **Currently married?:** No.
Currently in a committed or long-term relationship?: No.
- b. **Married before?:** No.
- c. **Children:** 0.
- d. **Most positive and supportive people in client's life:** My mom and brother and several good friends. I have more friends from the military, but I find it hard to talk with them because we all seem to be struggling with these PTSD issues that always seem to become topics (unnerving topics) of our conversations.
- e. **Current unhealthy or hurtful relationships?:** No.
- f. **Other impactful people in client's life currently?:** No.

9. **Education** ([Up to Flags Page](#))

- a. **Currently in school?:** No.
- b. **Extent/description of education:** Graduated from Hammond High School in 2006. I took regular classes but did pretty well in them. I played several sports (starred in track and baseball), and I graduated with a 2.9 GPA.
- c. **Success in school:** A lot (2 out of 2). I say "a lot" because the school's graduation rate was low, even more so among the Latino students. I was one of only 4 Hispanic males to graduate in the 4 years I attended high school.

10. **Employment** ([Up to Flags Page](#))

- a. **Employed?:** Yes. When not on tours of duty, my most significant work for the past 6 years has been with Hawthorn Reclamations, a small company involved in fixing up low-cost manufactured housing for low-income families. It's owned by Ethan and Jeanette Hawthorn, two really terrific people who try to make a living while doing something great for poor people and for people like me who need a break.

I worked hard to learn everything possible about Hawthorn. I learned construction, plumbing, mold remediation, and even some basic electrical. I advanced to being a supervisor in the restorations and an analyst when fleets of old homes were offered for sale.

Ethan and Jeanette have stayed close friends and want to speak up for me. They can confirm everything I have said here.

- b. **Prior work experience:** Before working with Ethan and Jeanette, I worked a variety of construction and (before that) fast-food jobs, starting as a high school sophomore. I always worked and always wanted to.
- c. **Any other important information about employment or work history?:** Yes. Ethan and Jeanette say they would always want me to work with them—and perhaps even start a company together.

11. Use of free time ([Up to Flags Page](#))

- a. **Currently:** Lately this has been a problem. Drinking, brooding, and marking time until trying to get to sleep—not the best strategy for success.
- b. **Consequences from ways client has used free time:** I've not been using my time well. The mentality has been one of trying to get through the day. I'm hopeful if I get help with my PTSD, anger, and depression, I can do better.

Part C: Personal Challenges

12. PTSD/Repeating bad memories or nightmares ([Up to Flags Page](#))

- a. **Bothered by bad memories/nightmares of traumatic events?:** Yes.
- b. **Number of traumatic events still causing symptoms:** Over 10.
- c. **Events:** Please see what I've already written.
- d. **Symptoms in the last 12 months:**
 - 1. Unwanted memories of the events.
 - 2. Flashbacks/reliving the events as if happening again.
 - 3. Nightmares about the events. All of these are almost constant for me. These memories haunt me., day and night.
 - 4. Waking up thinking about the events.
 - 5. Trying not to think or talk about the events.
 - 6. Trying not to be around people, places, or things that remind me of the events.
 - 7. Isolating/often not wanting to be around other people.
 - 8. Feeling depressed/losing the ability to feel joy.
 - 9. Lack of interest in things that I used to enjoy.
 - 10. Feeling hopeless about the future.
 - 11. Feeling angry a lot.
 - 12. Problems with angry outbursts or aggressive behavior.
 - 13. Difficulty keeping close relationships.
 - 14. Almost always being on guard for danger. At my first appointment at the VA (where I went just last week at my attorney's suggestion), the intake counselor asked an interesting question. "Could you stand in a busy public place (for example, a street corner or supermarket) for 30 seconds with your eyes closed?" I had to answer, "No way." The counselor said this is one of the clearest indicators they now look for about PTSD.
 - 15. Being easily startled or frightened.
 - 16. A lot of guilt or shame.
 - 17. Trouble concentrating.
 - 18. Trouble sleeping.
- e. **Any connection between these experiences/PTSD and legal problems (including this case)?:** Yes. Please see what I've already written. It was like what I did was a movie in "fast-forward" that I wasn't even deciding on.
- f. **Other PTSD information?:** Yes. There are some more details I'm not ready to talk about now.

13. Childhood years ([Up to Flags Page](#))

- a. **Client most wants understood about childhood:** For the neighborhood I grew up in, due to my mom and brother, I think I had a very good childhood.

Childhood assets. Regarding 17 possible important childhood assets, the client reported the following:

- **Present in client's childhood:**
 - 1. **All my basic needs.**
 - 2. **A loving mother who stayed in my life.** My mom's a saint. Always has been. To me and many others.
 - 3. **Other loving family members.** My older brother has always been a strong support for me.
 - 4. **A consistently safe home life.**

5. **An overall good experience with school.**
 6. **Good friends almost all the time.**
 7. **The feeling that I would have a good future.**
- **Somewhat present in client's childhood:**
 1. **A loving father who stayed in my life.** My dad tried to love us, but he had a problem leaving other women alone, and this hurt my mom a lot, so it hurt me. My brother and I blamed my dad for the times my mom would cry over this.
 2. **Parents who stayed happily together.** They never divorced, but all my dad's affairs hurt my mom and led to a lot of arguments and things said in front of my brother and me that we probably shouldn't have heard.
 3. **Peace within my family as a whole.** It was good when they weren't fighting over my dad's affairs.
 4. **A family that was able to have disagreements but then peacefully settle them.** It was uneven. Sometimes yes, sometimes no.
 5. **A lot of admiration from my family and others important to me.** I grew up in a family that didn't express these kinds of things.
 6. **A family that took my concerns and wishes seriously.** They did some, just didn't talk about it. Or ask for anything about that.
 7. **Adults who responded to my mistakes and misbehavior with positive correction instead of punishment.** Very uneven. Loving sometimes, violent other times.
 - **Missing in client's childhood:**
 1. **Consistency in the admiration and encouragement I received.** It was very uneven.
 2. **A family where I could talk about things that hurt or scared me.** This was really discouraged.
 3. **A lot of encouragement to do well in school.** This just wasn't a priority.
- c. **Childhood challenges:**
- i. **Family structure during my childhood:**
 1. My father's death. This was technically during my childhood. I almost 18 at the time.
 - ii. **Childhood attack or physical abuse (other than sexual):**
 1. Threatened by a gang or gang member. This kind of thing happened to everyone, but my brother protected me and I tried to accept there would be punks all around us.
 - iii. **Childhood emotional or verbal mistreatment or abuse:**
 1. Bullied. I looked like a bit of a sissy because I stayed in school, played sports, and worked all the time. But i dealt with it okay. It meant more to me to try to make something of myself. And to earn some money so I didn't have to be such a burden to my mom. (I sometimes even paid some of her bills without her knowing it.)
 - iv. **Functioning of the family during my childhood:**
 1. Repeated conflict or loud arguments between my parents. Again, over my dad's affairs.
 - v. **As a child, seeing something very upsetting or frightening:**
 1. Seeing or hearing someone attacked. In our neighborhood, fights were a problem.
 2. Seeing or hearing someone beaten.
 3. Seeing or hearing a violent fight.
 4. Seeing or hearing someone threatened.
 5. Seeing or hearing another very upsetting thing. Seeing my mom weeping over my dad's running around hurt me more than people know.
 - vi. **As a child, feeling responsible for something bad that happened:**
 1. Feeling that I was supposed to stop or fix some problem in my family. It sounds funny, but I always thought I should get my dad to treat my mom better. I spent so much time thinking how to do this, but I've always felt guilty I never did anything about this.
 - vii. **Other childhood issues:**
 1. Alcohol use.
- d. **Relationship with father (while growing up):** Fair (1 out of 2). On the outside, we got along fine. But I was hurt by the way he treated Mom.

Relationship with father (today): My father is not living. My dad died of throat cancer 2 years ago.

- e. **Relationship with mother (while growing up):** Good (2 out of 2). She's a saint, that's all I can say. There's not been a time in my life when she hasn't tried to help my brother and me.

Relationship with mother (today): Good (2 out of 2).

- f. **Raised at any time by anyone other than mother or father?:** No.
- g. **Any other serious difficulties in childhood?:** No.
- h. **ACE (Adverse Childhood Experience) Score:** 2 out of 10. The client answered Yes to the following standardized questions.
1. **Did you often feel either: That no one in your family loved you or thought you were important or special? OR that your family didn't look out for each other, feel close to each other, or support each other?**
 2. **Were your parents ever separated, apart, or divorced?**

Note: The ACE Questionnaire is credited with establishing the strong link between traumas in childhood and chronic disease and life difficulties in adulthood. The higher the ACE score, the greater incidence of a broad range of adult challenges. See [History and Significance of ACE Questionnaire](#).

- i. **Any connection between childhood problems and legal problems (including this case)?:** No.

14. One or more controlling or hurtful partners ([Up to Flags Page](#))

- a. **Any current involvement with a controlling or hurtful partner?:** No.
- b. **Past controlling/hurtful relationships?:** No.

15. Adult years ([Up to Flags Page](#))

- a. **Current life assets. Among 14 possible important life assets, the client reported the following:**

- **Definitely present today:**
 1. Good physical health.
 2. A loving and helpful family life. My problem may be that I don't take full advantage of the help my mom, my brother, and few others might want to be.
 3. A safe place to live--without fear of losing it.
 4. Good feelings and trust for police and other authorities. Coming from the military, I respect most police a lot. And I think they were very professional here.
- **Somewhat present today:**
 1. Safety in all parts of my life. I lose control over these terrible memories from the service, and I have a lot of anger over some people not understanding (or not caring about) what other service people and I have been through.
 2. At least 3 good and helpful friends I can call on anytime. Again, I have these people I COULD call on, but for some reason I don't. And I think that reason is that I can't control the conversation from being about the Iraq/Afghanistan events.
 3. Work I like.
 4. A good balance between work, rest, and play.
 5. A spiritual life I'm happy with.
- **Missing today:**
 1. Good peace of mind/freedom from worry most of the time.
 2. A lot of joy/happiness.
 3. Volunteer work I like. I like that this exercise asks about this. Because I would like to be of more help to others. But again, this is part of my isolation and not wanting to be around people or situations.
 4. A lot of purpose in my life/a feeling that my life matters to others. I guess I could have purpose. And I want it. But I'm so into just escaping.
 5. Enough money/financial security.

- b. **Client describes his/her problems in adult life:** They all came from my service, my bad memories

and nightmares, my anger, my isolation, my drinking, and my blowing up.

Part D: Addictive Patterns

16. Use of alcohol ([Up to Flags Page](#))

a. Significant responses regarding use of alcohol:

1. I've sometimes had more to drink than I initially set out to drink.
2. I drink more than people whose drinking doesn't seem to cause problems in their lives.
3. Drinking has caused a problem in some area of my life.
4. I've sometimes felt I needed to cut down on my drinking.
5. I've sometimes felt guilty about my drinking.
6. A friend or family member has worried or complained about my drinking.
7. When thinking about giving up drinking, I've thought that I'd really miss it. Well, not so much that I'd miss it, but that I need it to quiet the thoughts and memories I have.
8. I've planned things around whether (or how much) I would be able to drink.
9. I've felt uncomfortable in some places where I couldn't drink.
10. I've often used alcohol more than twice a week.
11. I've often had more than 6 drinks in a day.
12. I've tried to keep people from knowing about how much I drink.
13. I've used drinking to deal with difficult feelings.
14. I've been arrested for something when I've been drinking.
15. I've had physical problems from drinking the day before.
16. I've regretted afterwards things I've said or done when drinking.
17. I've sometimes felt angry or annoyed by people criticizing or commenting on my drinking.
18. A professional has told me I may have a problem with drinking.
19. I plan to use help to stay sober (A.A., other recovery fellowship, treatment, or something else).
20. I've spoken to someone for advice or help about my drinking.
21. I've attended one or more meetings of A.A. (Alcoholics Anonymous) or N.A. (Narcotics Anonymous).

b. Last used alcohol: About 1 week ago.

c. Any connection between alcohol and legal problems (including this case)?: Yes. A total connection.

d. Client's belief about having a problem with alcohol: Yes. Please see what I've written. I think I can't drink while I have PTSD. And I guess I may always have that.

17. Use of drugs (other than alcohol) ([Up to Flags Page](#))

a. Significant drug responses:

1. I've used some illegal drugs. Only marijuana--and only a few times as a teen.

b. Particular drugs used:

1. Marijuana/pot (0 times in the last 12 months).

c. Reflections on drug use: This hasn't been a problem for me, thankfully.

d. Client's belief about having a problem with drugs: No.

e. Any connection between drugs and legal problems (including this case)?: No.

18. Other abuse or addiction issues ([Up to Flags Page](#))

a. Other addictive patterns or harmful habits?: No.

Part E: Personal Functioning

19. Mood and functioning issues ([Up to Flags Page](#))

- I. **Past suicide attempts:** No.
- II. **The client's responses don't include indications of the following in the last 12 months:**
 - a. **Dependence/Codependence** (0 out of 13).
- III. **Significant responses were given for the following possible mood and functioning issues in the last 12 months:**
 - a. **Thoughts of hurting myself** (7 out of 9):
 1. Thinking about suicide.
 2. Sometimes wishing not to be alive.
 3. Thinking of how to commit suicide.
 4. Thinking of when or where to commit suicide.
 5. Making some plans on how to commit suicide.
 6. Wondering if others would be better off without me.
 7. Feelings of not being important or useful to others.

Client's reflections on these 7 responses: This all grows out of the problems I've already written about here. I do have some new hope after starting counseling at the VA. And I haven't had a drink since that appointment. I'm looking forward to my next appointment with them tomorrow.

- b. **Depression** (10 out of 13):
 1. Feelings of doom or hopelessness.
 2. Loss of interest in things that used to interest me.
 3. Unusually sad—or sad more often than usual.
 4. Thinking about death more than usual.
 5. Painful feelings of guilt.
 6. Painful feelings of being worthless.
 7. Eating a lot less as a result of depression/sadness.
 8. A lot of trouble staying asleep.
 9. Unusual fatigue (tired much more than usual).
 10. Problems concentrating or being easily distracted.

Client's reflections on these 10 responses: Please see what I've written already.

- c. **Thoughts of hurting others** (5 out of 8):
 1. Wanting to hurt someone.
 2. Thinking someone should be punished.
 3. Physical fights.
 4. Scaring someone.
 5. Saying things to hurt someone's feelings.

Client's reflections on these 5 responses: I've been lashing out. I hope with counseling this can stop.

- d. **More anger than most people seem to have** (7 out of 9):
 1. Getting angry at things that don't seem to bother most people.
 2. Exploding/blowing up/"losing it" without a good reason.
 3. Getting angry at things that didn't used to bother me.
 4. Hurting my relationships because of my anger.
 5. Needing to try hard not to blow up.
 6. Hurting others' feelings because of my anger.
 7. Letting disagreements end up damaging relationships.

Client's reflections on these 7 responses: People have no idea how angry and unsettled I feel at times. And how on the edge of going off I always seem to be—all without wanting to be that

way.

e. **Other mood or functioning issue:**

1. **Being more worried and nervous than other people.** I've worried about being around people, being able to control my thoughts and decisions, etc.
2. **Trouble with attention or staying focused.** These bad memories can take my attention away in an instant.
3. **Hyperactivity/trouble being still or calm.** I'm just on edge way more than before.
4. **Problems with thoughts that seem to race or that I can't control.** My thoughts sometimes just unexpectedly go to what happened in the service.
5. **Finding it hard to have close relationships.** I handle them so poorly anymore, it's just easier to try not to have relationships.

20. **Counseling history** ([Up to Flags Page](#))

a. **In counseling currently?:** Yes.

1. **Purpose:** This PTSD and drinking. But I just started at the VA.
2. **Counselor/therapist:** I've seen only the intake person: Mr. Gerald Haskins.
3. **Started approximately:** September 2019.
4. **Number of appointments so far:** 1.
5. **Client's assessment of how the counseling/therapy is going so far:** Well (2 out of 2)

b. **Using medications currently for mental or emotional issues?:** No.

c. **Used medications in past for mental or emotional issues?:** No.

d. **Prior counseling/therapy?:** No.

e. **Participation in recovery or survivor groups?:** No.

Part F: Life Patterns and Character and Mitigation Evidence

21. **Client today** ([Up to Flags Page](#))

- a. **Some good things in client's life today:** My mom, my brother, Cheryl Geist (an old girlfriend who reaches out as a friend), and I HOPE whatever counselor I get hooked up with. I like that my attorney talked to me from the beginning about seeing this case as a way to look at things in my life that need attention.
- b. **Hard/challenging things in client's life today:** Everything I've written about.
- c. **Spiritual or religious aspects of client's life:** I'm Catholic, a believer, but not an attender.
- d. **Other things client would like attorney to know:** I can't think of anything else right now.

22. **Client's thoughts on the future** ([Up to Flags Page](#))

a. **Wish for changes in the following areas:**

1. **Relationships.** I want to be able to have relationships again--and not isolate so much because I'm afraid of them, of people in general, or of blowing up. My mom, my brother, and Cheryl Geist (and some others) are there. I just don't know how to take advantage of that right now.

I wish people who cared about me knew they had to leave it to me to bring up difficult things like my service, how I've screwed up in this charge, what's wrong with me, etc. Sometimes even people who mean well don't feel to me like safe people to be around because they pick at these things.

2. **Work/work skills.** I'd like to have a much better job in the future. Not until I'm better able to be around people, though.
3. **Alcohol or drug use.** This really goes without saying. But I would need help to replace the help that alcohol has been. I'm not sure I'd be alive without it.
4. **Counseling.** I definitely want to carry on with the VA and whatever individual and group counseling they can recommend.
5. **Ways of handling problems.** Well, yes, obviously my turning to anger and alcohol isn't the answer.

6. **Better use of a personal strength or skill.** I have a lot to offer. My technical skills had to be superior to be entrusted with those vehicle rescue missions. There's so much I could do if I had the rest of my life in order.
- b. **Client goals:** Right now, getting my mind, anger, and drinking straighten. From there, I think anything could be possible (but it's been so bad for so long, I haven't really thought about "goals" in the way other people see to--or the way I used to).
- c. **Specific things client thinks a judge would like to see 4 months from now:** I'm sure a judge would want me to do something about these things.
- d. **Something good the client can imagine coming from current challenges:** To be honest, I don't know the specifics, but I could see a world of good coming out of this--if I do the right things. I need to be open to whatever the counselors say, obviously.

23. **Character and mitigation evidence** ([Up to Flags Page](#))

- a. **Best accomplishments:** Hmm. I'd say being a good son and brother. Graduating high school in a community where few of the guys did. Serving our country with honor, and protecting the lives of my fellows during my service.
- b. **Personal strengths:** Certainly persistence, hard work, and a commitment to follow through on every promise I made to anyone.
- c. **People client is currently helping (or who currently rely on client):** Right now, few people have been able to rely on me. My mom, brother, and Cheryl would say I help them just by being around and being a good person, but I don't know. I do get calls from about 20 buddies, about half of whom suffer from some of the same problems I do, and I try to encourage them (just as they try to encourage me). I hope that if I can get well, I can offer more to them.
- d. **Other people client has helped:** In high school and between deployments, I used to volunteer at the three Boys Club locations in Hammond (but I've been afraid to go back since my PTSD got so bad). I think most of my volunteering today has been in trying to encourage fellow service people who are struggling.
- e. **Client's Index of Supporters:**

1. **Mrs. Vivian Martinez:**
 - a. **Relation to client:** Mother.
 - b. **Trustworthiness:** As I've said, Mom is saintly, and anyone in our community and church would say the same.
 - c. **Contact information:** 219-900-8372; vivianmart92@aol.com.
 - d. **Specific help:** My mom would speak from her heart about how I've always meant well. She certainly can talk about how the service changed me.
2. **Mr. Roberto Martinez:**
 - a. **Relation to client:** Brother.
 - b. **Trustworthiness:** Roberto is a respected computer programmer in Indianapolis for DAKO Industries. He's never been in trouble.
 - c. **Contact information:** 317-600-7362; rmatinez@DakoInd.net.
 - d. **Specific help:** Roberto can talk about how the service changed me, how I've always wanted to be a good person who helps people, and what he thinks I need (he's been in AA for 4 years).
3. **Cheryl Geist :**
 - a. **Relation to client:** Former girlfriend.
 - b. **Trustworthiness:** Cheryl is a medical technician at St. Anthony's Hospital in Michigan City. She's a great person, a volunteer at Hospice, and a dear friend who wishes I would be open to resuming a relationship with her. She's beautiful and wonderful, but I don't feel I can be that close to anyone. So with a little bit of regret from both of us, we've stayed just friends, sometimes "with benefits."
 - c. **Contact information:** 219-499-8374; cheryljg92@netzero.com.
 - d. **Specific help:** Cheryl is dying to tell everyone how terrific she thinks I am. She sees what has happened to me, and she tries to encourage me to get help.

- f. **Other information judge/jury should know?:** No.

